



In the Name of Love

A community celebration for the People of Color Sangha

Monday, January 19, 2009

11:30 am to 4:00 pm

East Bay Meditation Center, 2147 Broadway, Oakland
Located near the 19th St BART station @ 22nd St.

Join us for a day of sharing, community and remembrance of one of the world's greatest spiritual leaders of our time. Dr. King laid his life on the line for our freedom and we can honor him through celebration. On this day the community is invited to share their own unique gifts of song, poem or movement with the entire community. We will also have a session of mindful drumming so please bring a drum, guitar or percussion instrument. This event is for self-identified people of color. Please bring a delicious dish to share with the community.

Pot luck lunch* music* meditation* story telling*group sharing.

11:30 – Meditation & go around

12:30 – Potluck lunch

1:30 community share

3:30- closing meditation & ritual

I offer you peace. I offer you love. I offer you friendship. I see your beauty. I hear your need. I feel your feeling; my wisdom flows from the Highest Source. I salute that Source in you. Let us work together for unity and love.

--Mahatma Gandhi

This event will be hosted by: Spring Washam and other teachers and activists in the community.

Registration is required. Send an email with your full name and "Name of Love" in the subject line to: admin@eastbaymeditation.org or call (510) 268-0696. For more info: www.eastbaymeditation.org



EBMC is wheelchair accessible.

Out of respect for people with environmental illnesses, please do not wear fragranced products or clothing laundered with fragranced products to EBMC.