

Dharma and Social Justice:

What's Beyond Buddhist Patriarchy?

with Ajahn Thanasanti and Mushim Ikeda-Nash

Saturday | March 27, 2010

9:30 am - 4:30 pm | **Open to All** - Beginners in meditation are welcome! -

Less talk, more silence – can what arises from deepening our meditation practice help us to envision new paradigms for radical enlightenment accessible to all, laypersons and monastics alike? Alternating periods of silent meditation with facilitated discussion, we'll explore what forms of spiritual practice, and both lay and monastic community structures, may arise as we collectively go beyond internal and external patriarchal structures. Expect sitting and standing meditation with instruction and accommodations for those with disabilities, Dharma talks, and interactive exercises.



Ajahn Thanasanti has meditated for 30 years and has been a Buddhist nun for almost two decades, teaching intensive retreats internationally since 1996. She is currently based in Colorado, planning on moving to California in order to pursue her vision of monastic and lay practitioners working together to create viable practice communities. See www.awakeningtruth.org for more information.



Mushim Ikeda-Nash has a background in both monastic and lay Buddhist practice, in North America and in Asia. She teaches meditation retreats for people of color, women, and social justice activists nationally. Mushim is author of "Daylighting the Feminine in American Buddhism," in *Innovative Buddhist Women: Swimming against the Stream* (Curzon Press, 2000), and many articles on mothering as a spiritual path.

Registration is required and space is limited: E-mail admin@eastbaymeditation.org or call (510) 268-0696 your full name to and specify "register for Dharma and Social Justice, March 27."

Cost: The teachings are regarded as priceless. So they are offered without a fee. You are invited to support the teachings and our efforts by contributing voluntary donations (the practice of "Dana") for the expenses of the meditation center and the support of the teachers.

*In order to protect the health of community members with environmental illness, please do not wear fragranced products (including "natural" fragrances) or clothes laundered in fragranced products to EBMC.

East Bay Meditation Center

www.eastbaymeditation.org

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