



# **LGBTQI Weekend retreat at Tassajara Hot Springs** **with Larry Yang and Fu Schroeder** **July 2-5, 2010**

**The Buddha's teachings on Liberation strengthen the capacity to hold and love our lives  
with compassion, appreciation and balance, and to create more freedom.**

Taking Refuge is one of the most beautiful aspects of the Buddhist meditation practice. We take Refuge in the potential for each of us to awaken and be free, in the wisdom of spiritual teachings, and in the community of spiritual friends. We offer this invitation for Refuge and Renewal to all queer-identified folks. Come, get into a seat, settle your mind, soak in the baths, keep your heart open, and see what you discover!  
Fees: \$220. Open to all levels of experience, with a special invitation to beginners.

Larry Yang teaches meditation retreats nationally and has a deep interest in creating access to teachings of spiritual liberation for diverse communities. Larry is a core teacher and leader of the East Bay Meditation Center in Oakland—a center dedicated to create accessibility to the Buddha's Teachings for multicultural communities. Larry is trained within the Theravadan tradition and has practiced meditation extensively in the US, Burma, and Thailand. Larry is also trained as a psychotherapist, with a dedicated interest in cultural competency within organizations.

Furyu Nancy Schroeder, a resident at San Francisco Zen Center for over 30 years, has most recently been the Director of Green Gulch Farm, where she lives with her partner and daughter. Fu has been active in the Marin Interfaith Council for many years and has continued supporting special events for children, people of color, and the gay and lesbian communities. She received dharma transmission from Tenshin Reb Anderson in 1999.

**For more info, please check:**

**<http://www.sfzc.org/tassajara/display.asp?catid=&pageid=811>**